

Local Public Health Services Contract Performance Measure FY13

The FY13 Contract Performance Measure is the completion and submission of a written report that addresses monitoring and progress in achieving health improvement goals and strategies that have occurred since the completion of the Community Health Needs Assessment and Health Improvement Plan (CHNA & HIP) report in February 2011.

Instructions

- 1) Click on the green heading below. In the text box above, type the County name in spot that says <insert>.
- 2) From the Community Health Improvement Plan submitted by the BOH in 2011, cut and paste **ALL** the goals and strategies into the corresponding sections on this document.
- 3) Complete the Progress Regarding Strategies section for any strategies that have occurred from **February 27, 2012 to February 26, 2013**.
- 4) Type in the date the Board of Health (contractor) approved the FY13 LPHS Performance Measure.
- 5) Upload completed form electronically to SharePoint per instruction provided in Contract Management Guide by March 31, 2013.

Pottawattamie County

Board of Health (Contractor) Date of Performance Measure Approval

Date: 2/8/13

Community Health Improvement Plan

GOAL	Strategies	Progress Regarding Strategies
<p>Teen Pregnancy: By 2015 decrease by 3 % the number of teens in our community that are pregnant. Vital statistics show that Pottawattamie County had 129 teens between the ages of 15-19 years of age giving birth in 2008. In 2011 there were 102 births to mothers under the age of 2, while the number of births in the county were 1194. This means that in 2011 8.5% of the births were to teen mothers. We have lowered the teen birth rate from 10 % to 8.5%, and will continue to work toward our goal.</p>	<p>Teen Pregnancy Prevention Task force was formed, combining two different groups into one for a common goal.</p>	<p>1. Task force was merged and all agencies are striving for the same goals</p>
	<p>Community Partners will assist in the research of programs that will be presented to the school district for implementation</p>	<p>2. A teen health program was voted on by the school district, and will begin implementation in the 2014 school year</p>
	<p>Quarterly meetings will be held with the partners to address teen pregnancy.</p>	<p>3. Quarterly meetings continue with community partners</p>
	<p>Offer a Young Adult Health Conference</p>	<p>4. Conference "Breaking Barriers and Building Bridges" will be presented on March 21, 2013 at Iowa Western Community College. This conference will strive to empower and educate young people to positively take charge of their own decisions, relationships and sexual health.</p>
	<p>Continue to offer services to young mothers, assisting them in parenting and child services.</p>	<p>5. With the MIECHV funding, Nurse Family Partnership was initiated in February of 2013. Pregnant, first time mothers between 14 and 28 weeks gestation will be admitted into the program. There are 50 spots available for this program.</p>



GOAL	Strategies	Progress Regarding Strategies
By 2015 there will be an increase in Mental Health Providers. In 2008 20.79 % of youth taking the Behavior Risk factor surveillance system questionnaire reported feelings of stress, depression and emotional problems for 1-7 days. This shows an need for improved screening and referrals. Drug and Substance abuse: Per the CHSI for Pott. County, 3754 people had used drugs within the last month (data from 2009). This equals to approximately 4% of the population. In addition, the following percentage rates were listed for at risk behaviors related to substance use in the state of Iowa: binge drinking (>5 drinks in one sitting for men; >4 for women occuring more than once in the last month) : 20.2%; chronic drinking (>1 drink/day for women; >2 for men) with a 5.4% rate; and daily smoker was 18.8%.	Improve screening of all ages	More agencies and services are doing depression and drug abuse screenings. Use of the Edinburg depression screening for new parents is being widely utilized in Home health agencies, and those providing services for young children. Ongoing
	Referrals to area agencies for services.	The development of the Mental Health and Substance Abuse Network , which provides information about community providers, resources and events via website. This group works with community groups and providers by offering training, consultation and community organizing to achieve Community Connections for the Right Care at the Right time for mental health and substance abuse concerns. The Network was formed to design, foster and support the development and operations of a comprehensive integrated, and effective mental health and substance abuse service continuum in Pottawattamie County and southwest Iowa. Ongoing